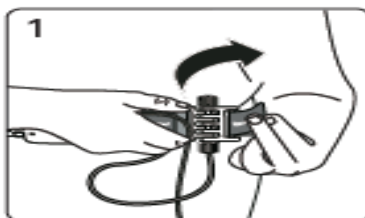


Patient Instruction Guide – ResMed Apnealink™ Air

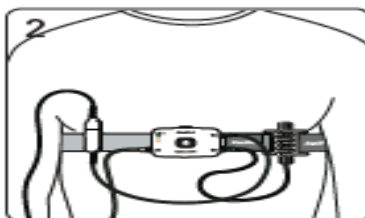
Fitting the accessories

CAUTION

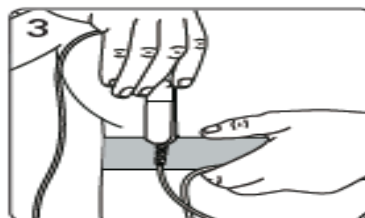
To avoid irritation or allergic reactions, wear the belt and device over a long-sleeved shirt.



1. Pull the belt around your body. Thread the end of the belt through the slot on the effort sensor (if used) and fasten the tab to the belt. If you are not using the effort sensor, attach the tab to the belt.



2. Check that the belt is secure and comfortable and that the device is positioned over the centre of your chest.



3. If using an oximeter, slide the clip onto the belt. The clip should be worn on the same side of your body as the oximeter finger sensor.

CAUTION

If you develop redness, irritation or a rash from the nasal cannula or finger sensor, discontinue use and contact your healthcare provider or physician. You may be having an allergic reaction.

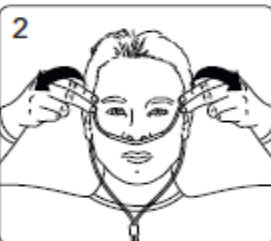
Nasal cannula

WARNING

Ensure that the cannula is fitted as described so as not to pose a strangulation risk.



1. Insert the prongs into your nostrils. Make sure the curved side is pointing towards the back of your nose.



2. Loop the plastic tubing around your ears.



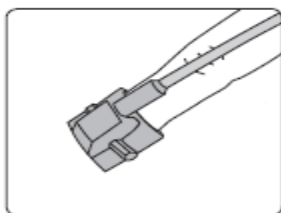
3. Pull the slider up towards your chin until the plastic tubing is secure and comfortable.

Note: If the nasal cannula does not stay in your nose, use medical tape or adhesive bandages on your cheeks to hold it in place.

Reusable finger sensor (if used)

WARNING

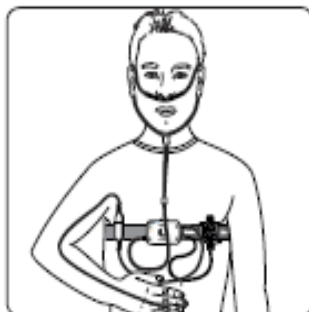
Ensure that the oximeter clip is positioned on the same side of the body as the finger sensor so as not to pose a strangulation risk.



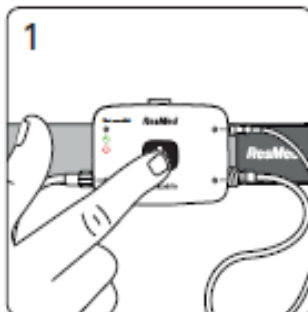
1. To fit the reusable finger sensor, slip it over the index finger on your non-dominant hand as shown.

Note: If the finger sensor is uncomfortable, you can move it to a different finger or your other hand.

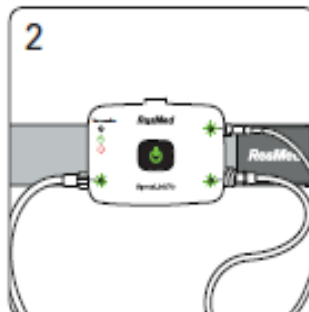
Starting the test



When properly set up, the full system looks like this.



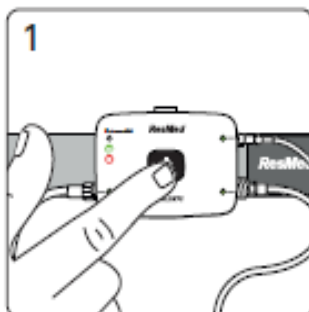
1. Press and hold the power button in the centre of the device for about three seconds or until the light turns on.



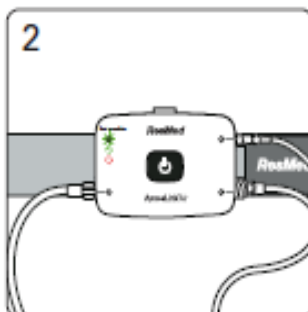
2. Check that lights next to the accessories you are using are green. If any of these lights are red and blinking, the accessories are not attached correctly.

Once you have started the test, go to sleep as normal. The lights on the device will dim after 10 minutes. If you have to get up during the night for any reason, leave the device on unless you do not intend to go back to sleep. You can remove the oximeter finger sensor if you need to go to the bathroom or wash your hands. Replace the oximeter finger sensor before going back to sleep.

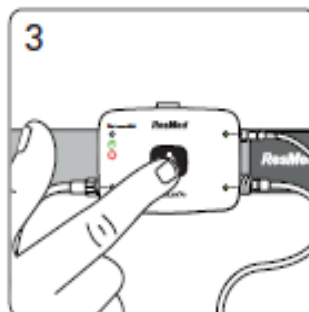
Stopping the test - check if test complete



1. Press the power button for about three seconds.



2. Check that the test complete indicator light is lit and green. This means the test is complete. If the test indicator light is red, replace the batteries and repeat the test tomorrow night.



3. Press and hold the power button for about three seconds to turn off the device.

Note:

- To re-check the test complete indicator light, press the power button until the light turns on (about three seconds), then briefly press the power button again.
- To replace the batteries, open the battery cover on the back of the device and insert two new AAA batteries.
- The device does not need any servicing or maintenance before recording.

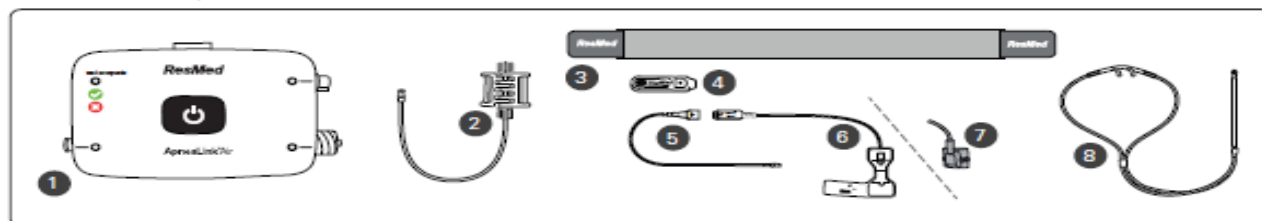
Troubleshooting

Problem/Possible cause	Possible solution
The test complete indicator light doesn't turn on when I press the power button	
The batteries are depleted.	Replace the batteries by opening the battery cover and inserting two new AAA batteries.
The device is faulty.	If the light does not turn on after replacing the batteries, return the device to your physician or healthcare provider.
One of the accessory lights is red after I begin the test	
The accessory hasn't been connected correctly.	Leave the device turned on and reconnect the accessory according to the instructions. If using the oximeter, reconnect the finger sensor to the oximeter. Check that the light has turned green.
The accessory is not fitted correctly.	Leave the device turned on and refit the accessory according to the instructions. Check that the light has turned green.
The accessory or device is faulty.	If you cannot get the light to turn green, return the device and accessories to your physician or healthcare provider.
All of the lights (including the test complete indicator light) are red and blinking when I turn the device on	
The device is faulty.	Return the device to your physician or healthcare provider.
The effort accessory light is red and blinking when I wake up the morning	
The effort sensor became disconnected during the night.	Replace the batteries and use the device again tomorrow night.
One of the other accessory lights is red and blinking when I wake up in the morning	
One of the other accessories became disconnected during the night.	Check the test complete indicator light as described in <i>Stopping the test</i> . If the light is green, the test was successful. If the light is red, replace the batteries and use the device again tomorrow night.
The test complete indicator light is red when I turn off the device in the morning	
The device did not gather enough data.	Replace the batteries and use the device again tomorrow night.
The test complete indicator light is off when I turn off the device in the morning	
The batteries became depleted during the night.	Replace the batteries and use the device again tomorrow night.

Equipment

The ApneaLink Air system includes:

- | | |
|---------------------------------|--|
| 1 ApneaLink Air device | 6 Disposable oximeter finger sensor (optional) |
| 2 Effort sensor (optional) | 7 Reusable oximeter finger sensor (optional) |
| 3 Belt | 8 Nasal cannula |
| 4 Oximeter belt clip (optional) | 9 Bag (not shown) |
| 5 Oximeter (optional) | |



ApneaLink Air interface

The ApneaLink Air device has the following lights, connectors and button:

- | | |
|---|---|
| 1 Test complete indicator light | 4 Oximeter connector and accessory light |
| 2 Nasal cannula connector and accessory light | 5 Effort sensor connector and accessory light |
| 3 Power button | |

